

| Midcoast District | | | | | | Knox | Lincoln | Sagadahoc | Waldo | Maine | Maine Counties Source |
|---|----------|----------|----------|----------|-----------|-----------------------------------|---------|-----------|-------|-------|-----------------------|
| DEMOGRAPHICS | | | | | | | | | | | |
| Total Population | 40,917 | 34,720 | 36,642 | 38,276 | 1,319,691 | 2008 Census Estimates | | | | | |
| Median Annual Household Income (to 2008) | \$44,863 | \$48,232 | \$54,099 | \$44,144 | \$46,807 | ME SPO Data Center | | | | | |
| % of Labor Force Unemployed | 7.0% | 6.3% | 6.7% | 7.8% | 7.8% | ME Dept Labor | | | | | |
| % Population Not Attaining H.S. Diploma (>25 yr) | 13% | 12% | 12% | 15% | 15% | 2000 Census | | | | | |
| % Population on Medicaid (all ages) | 21% | 19% | 16% | 26% | 23% | 2004 CMS, HRSA Area Resource File | | | | | |
| % Population Under the Age of 18 | 19% | 19% | 21% | 21% | 21% | 2008 Census Estimates | | | | | |
| % Population Between Ages 18-44 | 31% | 28% | 33% | 32% | 34% | 2008 Census Estimates | | | | | |
| % Population Between Ages 45-64 | 31% | 34% | 31% | 32% | 30% | 2008 Census Estimates | | | | | |
| % Population Age 65 and Over | 18% | 19% | 15% | 15% | 15% | 2008 Census Estimates | | | | | |
| % Uninsured (18+) | 16% | 13% | 10% | 17% | 13% | Household Survey | | | | | |
| % Uninsured Non-Elderly Adults (Ages 18-65) | 20% | 16% | 12% | 20% | 16% | Household Survey | | | | | |
| HEALTH STATUS | | | | | | | | | | | |
| % Health Fair to Poor | 11% | 14% | 14% | 15% | 15% | Household Survey | | | | | |
| % 11+ Days Lost due to Poor Mental or Physical Health | 8% | 6% | 7% | 10% | 8% | Household Survey | | | | | |
| % 3+ Chronic Conditions | 11% | 13% | 13% | 13% | 13% | | | | | | |
| Wellness Categories: | | | | | | | | | | | |
| %Well | 37% | 29% | 36% | 36% | 34% | Household Survey | | | | | |
| %At Risk for Future Medical Problems | 7% | 6% | 6% | 7% | 8% | Household Survey | | | | | |
| %Some Health Problems | 37% | 45% | 39% | 33% | 36% | Household Survey | | | | | |
| %Not Well | 18% | 19% | 18% | 23% | 23% | Household Survey | | | | | |
| ACCESS TO CARE | | | | | | | | | | | |
| % Without Usual Source of Primary Care | 11% | 11% | 10% | 13% | 13% | Household Survey | | | | | |
| Males | 17% | 18% | 14% | 18% | 18% | Household Survey | | | | | |
| Females | 6.1% | 4.7% | 5.5% | 8.0% | 8.3% | Household Survey | | | | | |
| % Named a clinic or doctor's office as usual source of care | 98% | 97% | 98% | 97% | 97% | Household Survey | | | | | |
| % Named hospital or ER as usual source of care | 1.4% | 2.0% | 1.0% | 1.1% | 1.9% | Household Survey | | | | | |
| % Not Having a Checkup Within the Past 2 yrs | 13% | 11% | 9.7% | 11% | 10% | Household Survey | | | | | |
| Males | 20% | 16% | 12% | 15% | 15% | Household Survey | | | | | |
| Females | 7.2% | 5.9% | 7.4% | 7.5% | 6.4% | Household Survey | | | | | |
| % Received Flu Shot or Mist past 12 months | 44% | 38% | 46% | 36% | 42% | Household Survey | | | | | |
| Males | 42% | 38% | 46% | 34% | 40% | Household Survey | | | | | |
| Females | 46% | 39% | 46% | 38% | 43% | Household Survey | | | | | |
| % Ever Received Pneumococcal Vaccine (Age 65+) | 71% | 71% | 70% | 59% | 73% | Household Survey | | | | | |
| Males | 70% | 70% | 62% | 53% | 71% | Household Survey | | | | | |
| Females | 72% | 72% | 77% | 64% | 74% | Household Survey | | | | | |
| % Needed Medical Care But Could not Afford it: Past Year | 6.5% | 6.3% | 5.4% | 6.3% | 6.5% | Household Survey | | | | | |
| % No Dental Visit in Past 2 Years | 17% | 20% | 21% | 25% | 24% | Household Survey | | | | | |
| ED Visits per 100,000 population | 50,204 | 46,456 | 36,087 | 52,106 | 47,665 | MHDO Hosp ED | | | | | |
| Ages <18 | 48,594 | 43,191 | 31,382 | 47,552 | 44,458 | MHDO Hosp ED | | | | | |
| Ages 18-44 | 67,825 | 62,017 | 47,873 | 66,369 | 60,516 | MHDO Hosp ED | | | | | |
| Ages 45-64 | 34,713 | 30,202 | 26,411 | 35,765 | 34,450 | MHDO Hosp ED | | | | | |
| Ages 65+ | 48,922 | 55,556 | 37,123 | 62,871 | 49,497 | MHDO Hosp ED | | | | | |
| Hospitalizations per 100,000 Population | 12,718 | 12,536 | 10,996 | 12,270 | 12,076 | MHDO Hosp Inpatient | | | | | |
| Ages <18 | 7,668 | 6,996 | 6,942 | 7,830 | 7,575 | MHDO Hosp Inpatient | | | | | |
| Ages 18-44 | 8,734 | 8,410 | 7,973 | 8,154 | 8,127 | MHDO Hosp Inpatient | | | | | |
| Ages 45-64 | 9,752 | 8,393 | 9,300 | 9,587 | 9,832 | MHDO Hosp Inpatient | | | | | |
| Ages 65+ | 29,815 | 31,003 | 27,140 | 32,885 | 31,396 | MHDO Hosp Inpatient | | | | | |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| Midcoast District | | Knox | Lincoln | Sagadahoc | Waldo | Maine | Maine Counties Source | |
|---|--|--|---------|-----------|--------|------------------|-----------------------|------------------|
| | | QUALITY/EFFECTIVENESS | | | | | | |
| QUALITY/EFFECTIVENESS | Ambulatory Care Sensitive Condition (ACSC), Hospital Admission Rate (Overall PQI*) | 1,163 | 1,069 | 374 | 472 | 967 | MHDO Hosp Inpatient | |
| | Ages 0-17 | 265 | 157 | 51 | 82 | 191 | MHDO Hosp Inpatient | |
| | Ages 18-44 | 250 | 218 | 104 | 191 | 234 | MHDO Hosp Inpatient | |
| | Ages 45-64 | 792 | 553 | 342 | 386 | 707 | MHDO Hosp Inpatient | |
| | Ages 65+ | 4,279 | 4,064 | 1,507 | 1,788 | 4,166 | MHDO Hosp Inpatient | |
| | Ambulatory Care Sensitive Condition (ACSC), ED Visit Rate (Overall PQI*) | 2,782 | 2,789 | 2,129 | 3,941 | 3,073 | MHDO Hosp Inpatient | |
| | Ages 0-17 | 2,150 | 1,730 | 1,376 | 2,202 | 1,994 | MHDO Hosp Inpatient | |
| | Ages 18-44 | 2,561 | 2,484 | 2,261 | 3,281 | 2,868 | MHDO Hosp Inpatient | |
| | Ages 45-64 | 2,096 | 1,853 | 1,609 | 2,831 | 2,374 | MHDO Hosp Inpatient | |
| | Ages 65+ | 4,998 | 5,881 | 4,021 | 10,111 | 6,375 | MHDO Hosp Inpatient | |
| | CARDIOVASCULAR HEALTH | | | | | | | |
| | Risk Factors | % Current Smokers (Age 18+) | 18% | 19% | 20% | 21% | 22% | Household Survey |
| | | % Sedentary Lifestyle (measured by no physical activity) | 19% | 20% | 20% | 25% | 21% | Household Survey |
| | | % Physical Activity (5 times a week at 30 min.) | 29% | 24% | 23% | 25% | 26% | Household Survey |
| % Use aspirin daily (Age 35+) | | 33% | 33% | 32% | 32% | 35% | Household Survey | |
| % Overweight (Ages 18+) | | 38% | 34% | 39% | 36% | 37% | Household Survey | |
| % Obesity (Ages 18+) | | 25% | 25% | 23% | 27% | 28% | Household Survey | |
| Disease Prevalence | % High Cholesterol (ever told) | 28% | 29% | 28% | 25% | 29% | Household Survey | |
| | % High Blood Pressure (ever told) | 32% | 30% | 29% | 32% | 30% | Household Survey | |
| | % Heart Disease | 5.5% | 7.7% | 3.5% | 3.8% | 6.3% | Household Survey | |
| Management | Congestive Heart Failure, Hospital Admissions | 301 | 302 | 203 | 280 | 283 | MHDO Hosp Inpatient | |
| | Ages 45-64 | 105 | 112 | 88 | 162 | 127 | MHDO Hosp Inpatient | |
| | Ages 65+ | 1,438 | 1,345 | 1,174 | 1,501 | 1,588 | MHDO Hosp Inpatient | |
| | AMI, Hospital Admission Rate | 227 | 158 | 128 | 281 | 211 | MHDO Hosp Inpatient | |
| | Ages 45-64 | 182 | 120 | 131 | 179 | 157 | MHDO Hosp Inpatient | |
| | Ages 65+ | 905 | 584 | 573 | 1,380 | 1,037 | MHDO Hosp Inpatient | |
| | Cerebrovascular Disease (stroke), Hospital Admission Rate | 180 | 170 | 130 | 146 | 149 | MHDO Hosp Inpatient | |
| | Ages 45-64 | 113 | 103 | 123 | 110 | 107 | MHDO Hosp Inpatient | |
| | Ages 65+ | 772 | 650 | 601 | 712 | 736 | MHDO Hosp Inpatient | |
| | CABG, Hospital Admission Rate | 66 | 81 | 50 | 57 | 62 | MHDO Hosp Inpatient | |
| | Ages 45-64 | 89 | 86 | 114 | 110 | 92 | MHDO Hosp Inpatient | |
| | Ages 65+ | 200 | 259 | 83 | 139 | 212 | MHDO Hosp Inpatient | |
| | % Advised to cut down on salt by doctor (ever) | 59% | 65% | 52% | 62% | 62% | Household Survey | |
| | % Having Cholesterol Checked within the past year (Ages 21+) | 60% | 61% | 62% | 60% | 63% | Household Survey | |
| % Smokers advised to quit smoking in the past yr. | 68% | 71% | 66% | 55% | 72% | Household Survey | | |
| Quality/Effectiveness | AMI, Mortality Rate | 58 | 36 | 39 | 44 | 45 | ODRVS Mortality | |
| | Ages 45-64 | 23 | 17 | 20 | 32 | 30 | ODRVS Mortality | |
| | Ages 65+ | 271 | 158 | 222 | 220 | 232 | ODRVS Mortality | |
| | Cerebrovascular Disease (stroke), Mortality Rate | 50 | 69 | 80 | 54 | 49 | ODRVS Mortality | |
| | Ages 45-64 | 5 | 17 | 18 | 14 | 11 | ODRVS Mortality | |
| | Ages 65+ | 262 | 325 | 499 | 324 | 294 | ODRVS Mortality | |
| | Heart Disease, Mortality Rate | 213 | 240 | 164 | 223 | 202 | ODRVS Mortality | |
| | Ages 45-64 | 78 | 114 | 85 | 116 | 99 | ODRVS Mortality | |
| | Ages 65+ | 1,003 | 1,010 | 906 | 1,221 | 1,101 | ODRVS Mortality | |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

Overall PQI = methodology based on AHRQ Prevention Quality Indicators using 13 identified conditions

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|--|--|-------|---------|-----------|-------|---------------------|-----------------------|
| RESPIRATORY HEALTH | | | | | | | |
| Risk Factors | % Current Smokers | 18% | 19% | 20% | 21% | 22% | Household Survey |
| | Male | 19% | 21% | 22% | 24% | 23% | Household Survey |
| | Female | 18% | 17% | 18% | 19% | 20% | Household Survey |
| | % Former Smokers | 30% | 43% | 35% | 28% | 31% | Household Survey |
| Disease Prevalence | % Current Asthma (Ages 18+) | 7.5% | 11% | 9.2% | 12% | 10% | Household Survey |
| | % Ever Asthma (Ages 0-17) | 5.0% | 5.7% | 6.1% | 3.0% | 6.1% | Household Survey |
| | % COPD | 2.0% | 3.7% | 5.6% | 6.6% | 4.2% | Household Survey |
| | Lung and Broncus Cancer, Males, Incidence Rate | 109 | 86 | 93 | 105 | 105 | ME CDC Cancer Reg |
| | Lung and Broncus Cancer, Females, Incidence Rate | 92 | 101 | 66 | 89 | 86 | ME CDC Cancer Reg |
| Management | % Received Flu Shot or Mist past 12 months | 44% | 38% | 46% | 36% | 42% | Household Survey |
| | Males | 42% | 38% | 46% | 34% | 40% | Household Survey |
| | Females | 46% | 39% | 46% | 38% | 43% | Household Survey |
| | % Ever Received Pneumococcal Vaccine (Ages 65+) | 71% | 71% | 70% | 59% | 73% | Household Survey |
| | Males | 70% | 70% | 62% | 53% | 71% | Household Survey |
| | Females | 72% | 72% | 77% | 64% | 74% | Household Survey |
| | Bronchitis and Asthma, Hospital Admission Rate | 86 | 52 | 68 | 74 | 87 | MHDO Hosp Inpatient |
| | Ages 0-17 | 151 | 135 | 96 | 114 | 196 | MHDO Hosp Inpatient |
| | Ages 18-44 | 44 | 21 | 37 | 53 | 45 | MHDO Hosp Inpatient |
| | Ages 45-64 | 39 | 30 | 61 | 45 | 46 | MHDO Hosp Inpatient |
| | Ages 65+ | 166 | 52 | 111 | 130 | 114 | MHDO Hosp Inpatient |
| | Bronchitis and Asthma, ED Visit Rate | 872 | 763 | 656 | 879 | 988 | MHDO Hosp ED |
| | Ages 0-17 | 1,564 | 974 | 627 | 1,035 | 1,145 | MHDO Hosp ED |
| | Ages 18-44 | 1,028 | 1,097 | 953 | 1,217 | 1,346 | MHDO Hosp ED |
| | Ages 45-64 | 497 | 489 | 438 | 585 | 654 | MHDO Hosp ED |
| | Ages 65+ | 526 | 554 | 499 | 573 | 632 | MHDO Hosp ED |
| | COPD, Hospital Admission Rate | 280 | 276 | 281 | 252 | 284 | MHDO Hosp Inpatient |
| | Ages 45-64 | 299 | 189 | 250 | 215 | 285 | MHDO Hosp Inpatient |
| | Ages 65+ | 978 | 1,071 | 1,285 | 1,146 | 1,236 | MHDO Hosp Inpatient |
| | COPD, ED Visit Rate | 1,151 | 822 | 479 | 1,244 | 998 | MHDO Hosp Inpatient |
| | Ages 45-64 | 982 | 721 | 460 | 1,251 | 1,019 | MHDO Hosp Inpatient |
| | Ages 65+ | 1,817 | 1,633 | 878 | 2,734 | 1,914 | MHDO Hosp Inpatient |
| | Pneumonia, Hospital Admission Rate | 348 | 350 | 247 | 455 | 326 | MHDO Hosp Inpatient |
| | Ages 45-64 | 182 | 184 | 145 | 260 | 209 | MHDO Hosp Inpatient |
| | Ages 65+ | 1,264 | 1,167 | 1,165 | 2,248 | 1,402 | MHDO Hosp Inpatient |
| | Pneumonia, ED Visit Rate | 316 | 477 | 349 | 796 | 505 | MHDO Hosp Inpatient |
| | Ages 18-44 | 238 | 431 | 233 | 505 | 366 | MHDO Hosp Inpatient |
| | Ages 45-64 | 214 | 309 | 285 | 605 | 376 | MHDO Hosp Inpatient |
| | Ages 65+ | 552 | 828 | 638 | 2,005 | 1,053 | MHDO Hosp Inpatient |
| | Emphysema, Hospital Admission Rate | 33 | 33 | 26 | 35 | 23 | MHDO Hosp Inpatient |
| Ages 45-64 | 23 | 26 | 22 | 20 | 22 | MHDO Hosp Inpatient | |
| Ages 65+ | 113 | 118 | 102 | 156 | 79 | MHDO Hosp Inpatient | |
| % Current Smokers advised to quit smoking in the past year | 67% | 71% | 66% | 54% | 72% | Household Survey | |
| % Current smokers tried to quit in past year | 53% | 45% | 67% | 48% | 54% | Household Survey | |
| % Current smokers ever used Maine Tobacco Quitline | 14% | 20% | 13% | 11% | 19% | Household Survey | |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

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|---------------------------------|--|------|---------|-----------|-------|-----------------------|-----------------------|
| RESPIRATORY HEALTH Cont. | | | | | | | |
| Quality/Effectiveness | Lung Cancer, Mortality Rate | 64 | 76 | 72 | 67 | 69 | |
| | Males | 82 | 85 | 65 | 71 | 78 | ODRVS Mortality 07-09 |
| | Females | 47 | 68 | 79 | 63 | 61 | ODRVS Mortality 07-09 |
| | COPD, Mortality Rate | 59 | 72 | 67 | 57 | 58 | ODRVS Mortality 07-09 |
| | Ages 45-64 | 28 | 34 | 20 | 32 | 25 | ODRVS Mortality 07-09 |
| | Ages 65+ | 262 | 310 | 413 | 307 | 332 | ODRVS Mortality 07-09 |
| | Pneumonia, Mortality Rate | 19 | 22 | 15 | 15 | 17 | ODRVS Mortality 07-09 |
| | Ages 45-64 | 8 | 3 | 0 | 0 | 5 | ODRVS Mortality 07-09 |
| | Ages 65+ | 89 | 103 | 105 | 98 | 103 | ODRVS Mortality 07-09 |
| | Smoking-Related Neoplasms, Mortality Rate | 180 | 204 | 157 | 182 | 177 | ODRVS Mortality 07-08 |
| Males | 234 | 230 | 169 | 202 | 205 | ODRVS Mortality 07-08 | |
| Females | 127 | 178 | 146 | 162 | 150 | ODRVS Mortality 07-08 | |
| CANCER HEALTH | | | | | | | |
| Risk Factors | % Current Smokers (Age 18+) | 18% | 19% | 20% | 21% | 22% | Household Survey |
| | % Sedentary Lifestyle | 19% | 20% | 20% | 25% | 21% | Household Survey |
| | % Former smokers (Age 18+) | 30% | 43% | 35% | 28% | 31% | Household Survey |
| | % Overweight (Age 18+) | 38% | 34% | 39% | 36% | 37% | Household Survey |
| | % Obesity (Age 18+) | 25% | 25% | 23% | 27% | 28% | Household Survey |
| Disease Prevalence | % Diagnosed Cancer (Age 18+) | 9.6% | 9.9% | 8.1% | 8.8% | 7.5% | Household Survey |
| | All Cancers, Incidence Rate | 690 | 715 | 582 | 661 | 629 | ME CDC Cancer Reg |
| | Bladder, Incident Rate | 31 | 45 | 25 | 24 | 35 | ME CDC Cancer Reg |
| | Female Breast Cancer, Incidence Rate | 196 | 203 | 145 | 171 | 162 | ME CDC Cancer Reg |
| | Female Cervix Uteri, Incidence Rate | 6.4 | 3.8 | 3.6 | 20.5 | 7.3 | ME CDC Cancer Reg |
| | Colorectal, Incidence Rate | 59 | 60 | 54 | 70 | 62 | ME CDC Cancer Reg |
| | Lung and Bronchus Cancer, Incidence Rate | 100 | 94 | 79 | 97 | 95 | ME CDC Cancer Reg |
| | Melanoma, Incidence Rate | 39 | 31 | 38 | 25 | 26 | ME CDC Cancer Reg |
| Male Prostate, Incidence Rate | 190 | 228 | 212 | 199 | 187 | ME CDC Cancer Reg | |
| Management / Patient Care | % Reported Mammogram past year (40+) | 66% | 71% | 65% | 68% | 69% | Household Survey |
| | % Stage Female Breast, Local | 66% | 65% | 67% | 64% | 66% | ME CDC Cancer Reg |
| | % Stage Female Breast, Distant | 5.7% | 2.8% | 7.4% | 6.0% | 3.8% | ME CDC Cancer Reg |
| | % Reported Pap Smear past 2 years | 69% | 72% | 72% | 73% | 70% | Household Survey |
| | % Stage Cervix Uteri Female, Local | 50% | 50% | 50% | 42% | 52% | ME CDC Cancer Reg |
| | % Stage Cervix Uteri Female, Distant | 25% | 0% | 50% | 17% | 14% | ME CDC Cancer Reg |
| | % Reported Blood Stool Test Past Year (Age 50+) | 23% | 20% | 19% | 20% | 20% | BRFSS 2006/2008 |
| | % Reported Having Sigmoid/Colonoscopy Past 5 Yrs (Age 50+) | 60% | 63% | 67% | 56% | 63% | Household Survey |
| | % Stage Colorectal, Local | 50% | 41% | 41% | 41% | 47% | ME CDC Cancer Reg |
| | % Stage Colorectal, Distant | 17% | 22% | 15% | 22% | 17% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Male, Local | 12% | 5.0% | 8% | 24% | 16% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Male, Distant | 53% | 57% | 50% | 32% | 50% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Female, Local | 23% | 11% | 24% | 19% | 21% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Female, Distant | 47% | 50% | 43% | 50% | 47% | ME CDC Cancer Reg |
| | % Reported Prostate Exam (PSA test) past 2 yrs (males Age 50+) | 68% | 65% | 69% | 68% | 69% | Household Survey |
| | % Reported Digital Rectal Exam past 2 years (males Age 50+) | 63% | 75% | 69% | 68% | 68% | Household Survey |
| | % Stage Prostate, Local | 81% | 77% | 78% | 85% | 76% | ME CDC Cancer Reg |
| % Stage Prostate, Distant | 4.3% | 3.4% | 4.4% | 2.7% | 3.8% | ME CDC Cancer Reg | |

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|---|--|------|---------|-----------|-------|-------|-----------------------|
| CANCER HEALTH Cont. | | | | | | | |
| Quality/Effectiveness | All Cancers, Mortality Rate | 244 | 267 | 209 | 243 | 234 | ODRVS Mortality |
| | Bladder, Mortality Rate | 9.8 | 12 | 5.5 | 3.5 | 7.5 | ODRVS Mortality |
| | Female Breast Cancer, Mortality Rate | 35 | 21 | 30 | 27 | 28 | ODRVS Mortality |
| | Female Cervix Uteri, Mortality Rate | 1.6 | 1.9 | 0.0 | 5.1 | 2.5 | ODRVS Mortality |
| | Colorectal, Mortality Rate | 19 | 27 | 16 | 21 | 21 | ODRVS Mortality |
| | Lung, Mortality Rate | 64 | 76 | 72 | 67 | 69 | ODRVS Mortality |
| | Melanoma, Mortality Rate | 4.1 | 5.8 | 2.7 | 4.4 | 3.6 | ODRVS Mortality |
| | Male Prostate, Mortality Rate | 33 | 29 | 28 | 23 | 23 | ODRVS Mortality |
| DIABETES HEALTH | | | | | | | |
| Risk Factors | % Sedentary Lifestyle (measured by no physical activity) | 19% | 20% | 20% | 25% | 21% | Household Survey |
| | % Adults consume fruits and vegetables 5 or more times/day | 33% | 32% | 30% | 29% | 28% | BRFSS 2007 & 2009 |
| | % Overweight (Age 18+) | 38% | 34% | 39% | 36% | 37% | Household Survey |
| | % Obesity (Age 18+) | 25% | 25% | 23% | 27% | 28% | Household Survey |
| Disease Prevalence | % Diagnosed Diabetes | 9.2% | 10% | 10% | 11% | 10% | Household Survey |
| | Ages 18-44 | 2.1% | 6.3% | 0.0% | 3.2% | 2.9% | Household Survey |
| | Ages 45-64 | 11% | 10% | 12% | 14% | 13% | Household Survey |
| | Ages 65+ | 17% | 15% | 28% | 18% | 21% | Household Survey |
| Management | % Reported hemoglobin A1c measurement (at least once) in past year (Age 18+) | 91% | 84% | 84% | 85% | 89% | Household Survey |
| | % Reported pupil dilation eye exam in past yr (age 18+) | 78% | 76% | 70% | 70% | 76% | Household Survey |
| | % Reported foot examination in past yr (Age 18+) | 67% | 86% | 75% | 74% | 78% | Household Survey |
| | % Reported ever taken diabetes self management course (Age 18+) | 63% | 47% | 58% | 60% | 54% | Household Survey |
| | Diabetes, Hospital Admission Rate | 73 | 72 | 74 | 84 | 79 | MHDO Hosp Inpatient |
| | Ages 18-44 | 32 | 57 | 54 | 102 | 75 | MHDO Hosp Inpatient |
| | Ages 45-64 | 89 | 60 | 75 | 57 | 75 | MHDO Hosp Inpatient |
| | Ages 65+ | 160 | 133 | 185 | 182 | 150 | MHDO Hosp Inpatient |
| | Diabetes Short-term Complications, ACSC ED Visit Rate | 6 | 13 | 3 | 27 | 9 | MHDO Hosp Inpatient |
| | Diabetes Long-term Complications, ACSC ED Visit Rate | 134 | 92 | 101 | 132 | 111 | MHDO Hosp Inpatient |
| Diabetes Uncontrolled, ACSC ED Visit Rate | 9 | 7 | 1 | 16 | 11 | | |
| Quality/Effective | Diabetes, Mortality Rate | 19 | 23 | 13 | 28 | 26 | ODRVS Mortality |
| | Ages 45-64 | 13 | 9 | 3 | 22 | 20 | ODRVS Mortality |
| | Ages 65+ | 71 | 103 | 74 | 133 | 126 | ODRVS Mortality |

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| MENTAL HEALTH | | | | | | | |
| Risk Factors | % 11+ Days Mental Health Not Good | 10% | 11% | 9.9% | 12% | 11% | BRFSS 2008 + 2009 |
| | Ages 18-44 | 11% | 14% | 11% | 13% | 12% | BRFSS 2008 + 2009 |
| | Ages 45-64 | 12% | 11% | 9.9% | 12% | 12% | BRFSS 2008 + 2009 |
| | Ages 65+ | 5.8% | 5.7% | 6.8% | 7.6% | 6.1% | BRFSS 2008 + 2009 |
| | % needed, but did not get, mental health treatment in past 12 months | 4.6% | 4.0% | 3.8% | 2.7% | 4.8% | Household Survey |
| Disease Prevalence | % receiving outpatient mental health treatment in past 12 mos | 11% | 9.8% | 17% | 9.2% | 11% | Household Survey |
| | % At Risk for Clinical Depression Based on MHI5 (18+) | 7.7% | 5.9% | 6.8% | 8.7% | 7.2% | Household Survey |
| | % Diagnosed Depression (ever, 18+) | 19% | 21% | 23% | 21% | 22% | Household Survey |
| | % Current Depression (18+) | 12% | 14% | 16% | 17% | 15% | Household Survey |
| | % Diagnosed Other Psychiatric Disorder (ever, 18+) | 11% | 13% | 13% | 13% | 13% | Household Survey |
| | % Developmental Delay/Learning Disability (Ages 0-17) | 3.4% | 4.4% | 3.3% | 4.6% | 4.5% | Household Survey |
| Management | Psychoses Hospital Admission Rate | 689 | 448 | 474 | 610 | 578 | MHDO Hosp Inpatient |
| | Ages 0-17 | 372 | 427 | 467 | 776 | 484 | MHDO Hosp Inpatient |
| | Ages 18-44 | 1,195 | 816 | 579 | 802 | 801 | MHDO Hosp Inpatient |
| | Ages 45-64 | 606 | 322 | 504 | 471 | 559 | MHDO Hosp Inpatient |
| | Ages 65+ | 319 | 163 | 185 | 269 | 246 | MHDO Hosp Inpatient |
| | Senility and Organic Mental Disorders, Hospital Admission Rate | 7.3 | 4.3 | 6.8 | 6.5 | 8.6 | MHDO Hosp Inpatient |
| | Ages 65+ | 40 | 15 | 37 | 26 | 50 | MHDO Hosp Inpatient |
| | Major Depressive Disorder, Hospital Admission Rate | 302 | 143 | 121 | 193 | 157 | MHDO Hosp Inpatient |
| | Ages 0-17 | 82 | 120 | 96 | 101 | 85 | MHDO Hosp Inpatient |
| | Ages 18-64 | 424 | 174 | 139 | 246 | 196 | MHDO Hosp Inpatient |
| | Ages 65+ | 120 | 66 | 83 | 95 | 93 | MHDO Hosp Inpatient |
| | Bipolar Disorder, Hospital Admission Rate | 230 | 240 | 266 | 278 | 280 | MHDO Hosp Inpatient |
| | Ages 0-17 | 277 | 292 | 320 | 618 | 353 | MHDO Hosp Inpatient |
| | Ages 18-64 | 247 | 280 | 297 | 203 | 302 | MHDO Hosp Inpatient |
| | Ages 65+ | 120 | 66 | 55 | 130 | 88 | MHDO Hosp Inpatient |
| | Schizophrenia, Hospital Admission Rate | 142 | 40 | 59 | 106 | 114 | MHDO Hosp Inpatient |
| | Ages 18-64 | 202 | 49 | 64 | 146 | 155 | MHDO Hosp Inpatient |
| | Ages 65+ | 67 | 22 | 37 | 8.7 | 39 | MHDO Hosp Inpatient |
| | Anxiety, Hospital Admission Rate | 356 | 251 | 228 | 310 | 269 | MHDO Hosp Inpatient |
| | Ages 0-17 | 246 | 255 | 243 | 303 | 213 | MHDO Hosp Inpatient |
| | Ages 18-44 | 1,066 | 622 | 563 | 732 | 662 | MHDO Hosp Inpatient |
| | Ages 45-64 | 448 | 367 | 186 | 404 | 342 | MHDO Hosp Inpatient |
| | Ages 65+ | 76 | 60 | 77 | 57 | 70 | MHDO Hosp Inpatient |
| Senility and Organic Mental Disorders, ED Rate | 15 | 24 | 16 | 24 | 28 | MHDO Hosp ED | |
| Major Depressive Disorder, ED Rate | 93 | 69 | 116 | 140 | 109 | MHDO Hosp ED | |
| Bipolar Disorder, ED Rate | 122 | 154 | 79 | 182 | 166 | MHDO Hosp ED | |
| Schizophrenia, ED Rate | 37 | 36 | 40 | 64 | 70 | MHDO Hosp ED | |
| Anxiety Disorder, ED Rate | 1,281 | 1,224 | 1,174 | 1,429 | 1,618 | MHDO Hosp ED | |
| Quality | Suicide, Mortality Rate | 19 | 18 | 9.1 | 18 | 14 | ODRVS Mortality |
| | Males | 30 | 35 | 19 | 32 | 23 | ODRVS Mortality |
| | Females | 8.1 | 1.9 | 0.0 | 5.1 | 5.4 | ODRVS Mortality |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| Midcoast District | | Knox | Lincoln | Sagadahoc | Waldo | Maine | Maine Counties Source |
|-------------------------|---|------|---------|-----------|-------|---------------------|-----------------------|
| SUBSTANCE ABUSE | | | | | | | |
| Prevalence | % Chronic Heavy Drinking - Past Month | 7.3% | 6.7% | 5.8% | 4.6% | 6.4% | BRFSS 2008 & 2009 |
| | Ages 18-64 | 15% | 11% | 12% | 9.2% | 14% | BRFSS 2008 & 2009 |
| | Ages 65+ | 6.4% | 9.4% | 5.1% | 4.8% | 4.5% | BRFSS 2008 & 2009 |
| | % Binge Drinking -Past Month | 16% | 14% | 13% | 16% | 15% | BRFSS 2008 & 2009 |
| | Ages 18-44 | 21% | 24% | 26% | 30% | 26% | BRFSS 2008 & 2009 |
| | Ages 45-64 | 10% | 14% | 20% | 10% | 14% | BRFSS 2008 & 2009 |
| | Ages 65+ | 3.1% | 2.8% | 2.0% | 0.5% | 3.6% | BRFSS 2008 & 2009 |
| | % Ever diagnosed with Substance Abuse Problem | 7.3% | 8.7% | 4.4% | 4.3% | 4.7% | Household Survey |
| | % Current Substance Abuse Problem | 1.3% | 2.2% | 3.0% | 1.1% | 1.5% | Household Survey |
| | % Overdose Past 12 mos (Households) | 0.5% | 1.9% | 0.6% | 1.4% | 0.9% | Household Survey |
| Management | % have used any street drugs in past 30 days | 4.5% | 4.7% | 4.8% | 3.9% | 5.2% | Household Survey |
| | % have used any prescription drugs for non-prescribed purpose in past 30 days | 2.8% | 0.9% | 0.2% | 1.4% | 1.8% | Household Survey |
| Management | Substance Abuse, Hospital Admission Rate | 363 | 288 | 263 | 201 | 379 | MHDO Hosp Inpatient |
| | Ages 18-64 | 530 | 421 | 382 | 289 | 553 | MHDO Hosp Inpatient |
| | Ages 65+ | 160 | 140 | 111 | 95 | 149 | MHDO Hosp Inpatient |
| | Acute Alcohol-Related Mental Disorders, Hospital Admission Rate | 98 | 46 | 20 | 65 | 50 | MHDO Hosp Inpatient |
| | Ages 18-64 | 151 | 70 | 30 | 98 | 73 | MHDO Hosp Inpatient |
| | Ages 65+ | 20 | 15 | 9.2 | 17 | 19 | MHDO Hosp Inpatient |
| | Alcohol-Related Psychoses, Hospital Admission Rate | 108 | 115 | 119 | 63 | 174 | MHDO Hosp Inpatient |
| | Ages 18-64 | 165 | 179 | 171 | 92 | 260 | MHDO Hosp Inpatient |
| | Ages 65+ | 27 | 30 | 65 | 26 | 52 | MHDO Hosp Inpatient |
| | Acute Drug-Related Mental Disorders, Hospital Admission Rate | 62 | 40 | 20 | 31 | 39 | MHDO Hosp Inpatient |
| | Ages 18-64 | 98 | 61 | 26 | 45 | 56 | MHDO Hosp Inpatient |
| | Ages 65+ | 0 | 7.4 | 9.2 | 8.7 | 6.5 | MHDO Hosp Inpatient |
| | Drug-Related Psychoses, Hospital Admission Rate | 95 | 86 | 104 | 42 | 117 | MHDO Hosp Inpatient |
| | Ages 18-64 | 116 | 110 | 156 | 55 | 164 | MHDO Hosp Inpatient |
| Ages 65+ | 113 | 89 | 28 | 43 | 72 | MHDO Hosp Inpatient | |
| Quality / Effectiveness | Acute Alcohol-Related Mental Disorders, ED Rate | 100 | 122 | 101 | 110 | 131 | MHDO Hosp ED |
| | Alcohol-Related Psychoses, ED Rate | 8.6 | 30 | 27 | 18 | 28 | MHDO Hosp ED |
| | Acute Drug-Related Mental Disorders, ED Rate | 221 | 184 | 244 | 206 | 297 | MHDO Hosp ED |
| | Drug-Related Psychoses, ED Rate | 50 | 49 | 50 | 39 | 57 | MHDO Hosp ED |
| | Smoking-Related Neoplasms, Mortality Rate | 180 | 204 | 157 | 182 | 177 | ODRVS Mortality |
| | Males | 234 | 230 | 169 | 202 | 205 | ODRVS Mortality |
| Females | 127 | 178 | 146 | 162 | 150 | ODRVS Mortality | |
| Quality / Effectiveness | Alcohol-Related Mortality Rate | 12 | 21 | 10 | 13 | 14 | ODRVS Mortality |
| | Males | 16 | 22 | 13 | 18 | 19 | ODRVS Mortality |
| | Females | 8.1 | 21 | 7.1 | 9 | 10 | ODRVS Mortality |
| | Alcohol Liver Disease, Mortality Rate | 8.1 | 15 | 6.4 | 8 | 11 | ODRVS Mortality |
| | Motor Vehicle Accidents, Mortality Rate | 17 | 30 | 11 | 16 | 14 | ODRVS Mortality |
| | Males | 26 | 47 | 15 | 27 | 21 | ODRVS Mortality |
| Females | 8.1 | 13 | 7.1 | 5.1 | 8.0 | ODRVS Mortality | |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| Midcoast District | | Knox | Lincoln | Sagadahoc | Waldo | Maine | Maine Counties Source |
|---|--|--|---------|-----------|-------|-------|-----------------------|
| REPRODUCTIVE HEALTH | | | | | | | |
| Management | % Binge Drinking Females (past month) | 8.1% | 7.6% | 12% | 4.9% | 11% | BRFSS 2008 & 2009 |
| | 2 or more sex partners in past yr (ages 18-34) | 12% | 19% | 5.1% | 8.7% | 16% | Household Survey |
| | % used condom last time had sex (ages 18-34) | 35% | 34% | 36% | 42% | 35% | Household Survey |
| | Teen Birth Rate (10-17yrs) Per 1,000 Females | 5.1 | 2.2 | 2.7 | 6.7 | 4.1 | ODRVS Birth |
| | High Risk Pregnancy, Hospital Admission Rate (10-44 year old females) | 238 | 264 | 431 | 343 | 360 | MHDO Hosp Inpatient |
| | C-Section Rate per 100 births | 30 | 29 | 28 | 33 | 30 | ODRVS Birth |
| | % Adequate Prenatal Care (of live births) | 94% | 92% | 94% | 90% | 91% | ODRVS Birth |
| | % Inadequate Prenatal Care (of live births) | 1.9% | 2.5% | 1.5% | 3.2% | 2.5% | ODRVS Birth |
| | % Low Birthweight (<2500 grams) | 4.9% | 7.5% | 5.8% | 7.8% | 6.4% | ODRVS Birth |
| | % Prematurity (< 37 weeks) | 7.0% | 9.7% | 8.0% | 8.5% | 8.7% | ODRVS Birth |
| Prevalence | Infant Mortality Rate (deaths to infants from birth through 364 days of age) per 1,000 live births | 5.9 | 6.6 | 4.3 | 5.8 | 5.5 | ODRVS Mortality |
| | Neonatal Mortality Rate (deaths to infants under 28 days) per 1,000 live births | 4.2 | * | * | 5.8 | 3.9 | ODRVS Mortality |
| | Post-Neonatal Mortality Rate (deaths to infants 28 through 364 days of age) per 1,000 live births | * | * | * | * | 1.7 | ODRVS Mortality |
| | | | | | | | |
| CHILD/YOUTH HEALTH | | | | | | | |
| Management | % Sad/Hopeless (two weeks in a row, stopped usu. activities) | NA | 27% | 26% | 26% | 24% | MIYHS 2009 |
| | % Seriously Considered Suicide | NA | 18% | 16% | 15% | 14% | MIYHS 2009 |
| | % Current Smoker (Past Month) (Grade 9-12) | NA | 29% | 18% | 22% | 20% | MIYHS 2009 |
| | % Current Smokeless Tobacco User | NA | 14% | 7% | 13% | 9.5% | MIYHS 2009 |
| | % Alcohol Use (Past Month) (Grade 9-12) | NA | 42% | 34% | 44% | 35% | MIYHS 2009 |
| | % Binge Drink (5+ in a row) Past Month) (Grade 9-12) | NA | 25% | 19% | 28% | 21% | MIYHS 2009 |
| | % Marijuana Use (Past Month) (Grade 9-12) | NA | 29% | 21% | 28% | 24% | MIYHS 2009 |
| | % Sniffed Glue or Other Inhalant (Past Month) (Grade 9-12) | NA | 14% | 7% | 12% | 9% | MIYHS 2009 |
| | % Used Rx Drug w/out Rx (Past Month) (Grade 9-12) | NA | 17% | 9% | 13% | 11% | MIYHS 2009 |
| | % Regular Physical Activity (at least 60 min on 5 of last 7 dys) | NA | 32% | 41% | 37% | 39% | MIYHS 2009 |
| | % Consume fruits and vegetables 5 or more times/day | NA | 15% | 17% | 15% | 15% | MIYHS 2009 |
| | % Drank sugar sweetened beverage in past week | NA | 29% | 27% | 31% | 29% | MIYHS 2009 |
| | Teen Birth Rate (10-17yrs) Per 1,000 Female Populator | 5.1 | 2.2 | 2.7 | 6.7 | 4.1 | ODRVS Birth |
| | Prevalence | % Ever Been Diagnosed with Asthma (0-17) parental report | 5.0% | 5.7% | 6.1% | 3.0% | 6.1% |
| % Overweight/Obesity Problem (0-17) parental report | | 1.7% | 0.7% | 1.6% | 1.3% | 2.0% | Household Survey |
| % Overweight (Grade 9-12) | | NA | 15% | 14% | 14% | 14% | MIYHS 2009 |
| % Obese (Grade 9-12) | | NA | 17% | 14% | 18% | 13% | MIYHS 2009 |
| % with developmental delay or learning disability (0-17) parental repor | | 3.4% | 4.4% | 3.3% | 4.6% | 4.5% | Household Survey |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

* Rates based on less than 5 occurrences omitted

| Midcoast District | | Knox | Lincoln | Sagadahoc | Waldo | Maine | Maine Counties Source |
|----------------------------------|--|-------|---------|-----------|-------|----------------------------|----------------------------|
| CHILD/YOUTH HEALTH Cont. | | | | | | | |
| Management | ACSC, ED Rate - Overall PQI (Ages 0-17) | 2,150 | 1,730 | 1,376 | 2,202 | 1,994 | MHDO Hosp Inpatient |
| | ACSC, Hospital Admission Rate - Overall PQI (Ages 0-17) | 265 | 157 | 51 | 82 | 191 | MHDO Hosp Inpatient |
| | Asthma and Bronchitis, Hospital Admission Rate (Ages 0-17) | 151 | 135 | 96 | 114 | 196 | MHDO Hosp Inpatient |
| | Pneumonia, Hospital Admission Rate (Ages 0-17) | 164 | 165 | 58 | 38 | 132 | MHDO Hosp Inpatient |
| | Psychoses Hospital Admission Rate (Ages 0-17) | 372 | 427 | 467 | 776 | 484 | MHDO Hosp Inpatient |
| | Major Depressive Disorder, Hospital Admission Rate (Ages 0-17) | 82 | 120 | 96 | 101 | 85 | MHDO Hosp Inpatient |
| | Bipolar Disorder, Hospital Admission Rate (Ages 0-17) | 277 | 292 | 320 | 618 | 353 | MHDO Hosp Inpatient |
| | Asthma and Bronchitis, ED Rate (Ages 0-17) | 1,564 | 974 | 627 | 1,035 | 1,145 | MHDO Hosp ED |
| | Pneumonia, ED Rate (Ages 0-17) | 385 | 479 | 422 | 662 | 516 | MHDO Hosp ED |
| ORTHOPEDICS | | | | | | | |
| | % Diagnosed Arthritis | 36% | 34% | 32% | 37% | 32% | BRFSS 2007 & 2009 |
| | Ages 18-44 | 15% | 13% | 18% | 20% | 13% | BRFSS 2007 & 2009 |
| | Ages 45-64 | 36% | 39% | 35% | 44% | 39% | BRFSS 2007 & 2009 |
| | Ages 65+ | 65% | 55% | 59% | 62% | 59% | BRFSS 2007 & 2009 |
| | Hip Procedures, Hospital Admission Rate | 101 | 108 | 83 | 94 | 93 | MHDO Hosp Inpatient |
| | Ages 65+ | 393 | 473 | 388 | 469 | 452 | MHDO Hosp Inpatient |
| | Head Brain Injury, Hospital Admission Rate | 76 | 53 | 50 | 44 | 57 | MHDO Hosp Inpatient |
| | Ages 65+ | 200 | 148 | 194 | 104 | 180 | MHDO Hosp Inpatient |
| INFECTIOUS DISEASE | | | | | | | |
| | HIV/AIDS, Hospital Admissions Rate | 0 | 2.9 | 1.4 | 0 | 5.1 | MHDO Hosp Inpatient |
| | Chronic Hepatitis C, Number of Case Reports* | 68 | 16 | 23 | 16 | 1453 | ME CDC Infect Disease 2007 |
| | Sexually Transmitted Disease Incidence Rate: | | | | | | |
| | Gonorrhea | 0 | 0 | 8.3 | 0 | 7.3 | ME CDC Infect Disease 2008 |
| Chlamydia | 194 | 104 | 217 | 149 | 197 | ME CDC Infect Disease 2008 | |
| INTIMATE PARTNER VIOLENCE | | | | | | | |
| | % Ever physically hurt by Intimate Partner | 16% | 14% | 9.9% | 14% | 12% | Household Survey |
| | % Past yr physical violence or unwanted sex from Intimate Partne | 0.8% | 0.9% | 0.7% | 0.7% | 1.2% | Household Survey |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

* A Hepatitis C case report is defined as the presence of any positive serologic marker for Hepatitis C infection. State cases include reports where no county data was available so Maine total exceeds sum of counties.